



Three Decisions That Will Change Your Life

- Jesus said: ONE THING IS NECESSARY.** Luke 10:38-42 (KJV), Matthew 6:33, Psalm 5:3, Psalm 46:10, Isaiah 30:15, John 15:5-6, Revelation 3:20, Isaiah 30:18, Hebrews 11:6
 - Stay close to Jesus.
 - Make HIM the priority in your life.
 - Sit at the feet of Jesus on a daily basis and learn from Him.
 - Pull away from the things that are distracting you from Jesus.
 - Pull away from distractions that are stealing your peace and joy.
 - It's in stillness that we receive from God.
 - Strength comes to us as we daily return to the feet of Jesus in quietness.

Types Of Rest We Need:

- Physical | Mental | Spiritual | Emotional | Social | Sensory | Creative
- King David said: ONE THING I DESIRE.** Psalm 27:4, Hebrews 10:24-25, I Peter 5:2, Psalm 63:2, Psalm 73:17, Psalm 96:6, Psalm 134:2, Psalm 150:1, Psalm 92:13
 - Dwell in the house of the Lord. Make church a priority.
 - We meet in local churches to encourage one another, to worship God, and to hear the teaching of the Bible.
 - We gain strength from one another.
 - Each one of us NEED a pastoral Shepherd watching over us and teaching us.
 - The Apostle Paul said: ONE THING I DO.** Philippians 3:13-14, Isaiah 43:25, II Corinthians 5:17
 - Let go and move forward!
 - Forget your past and strive for what is ahead of you!
 - Possibly, you are not moving forward in your life because you're having a hard time letting go of your past, and the guilt, shame, disappointments, and regrets.
 - Forgetting is not necessarily losing all memory of but leaving it behind as **DONE WITH AND SETTLED.**
 - We can't change the past, but we can leave it behind.
 - If God forgives you and does not remember your past, why shouldn't you forgive yourself and leave your past behind?

3 Powerful Decisions That Will Transform Your Life For The Best:

- One thing is necessary—sit at the feet of Jesus daily and your life will be more peaceful.
- One thing I desire—dwell in the house of the Lord and you will flourish!
- One thing I do—let go of your past and move forward into your purpose!

Notes: _____
