



How Can I Trust God?

Text: Proverbs 3:5-6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. Proverbs 3:5-6

Trust is the assured reliance on the character, ability, strength, or truth of someone or something. One in which confidence is placed.

TRUST:

1. The first “T” in the word trust stands for **TEST**: James 1:2-4, 12
 - Trust means you understand that the trial you’re in is a test of your faith—and you must see it for what it actually is.
 - Trust looks like **YOU** being faithful to God during the test.
2. The “R” in the word trust stands for **REST**: Psalm 91:1
 - When you are walking by faith, you have a rest about you.
 - There is a reservoir of supernatural peace that we can tap into. Psalm 94:13
 - Trust is a picture of **YOU** at rest.
3. The “U” in the word trust stands for **UPROOT**: II Corinthians 10:5
 - There are some things we need to uproot in our lives—in order to walk in that rest.
 - Uproot the lies of Satan. John 8:44, John 10:10
 - Control your thoughts instead of letting your thoughts control you.
 - Replace the lies with God’s powerful Word—and Truth!
 - Trust looks like **YOU** uprooting the lies and focusing your thoughts on God’s thoughts.
4. The “S” in the word trust stands for **STAND**: Ephesians 6:13-14
 - To stand means to hold your ground! I Timothy 1:19, I Thessalonians 5:21, Hebrews 10:23
 - Stand in faith knowing God is working on your behalf.
 - Standing is a position of faith and trust.
 - Trust is a picture of **YOU** standing firm in faith, knowing the victory is on the way.
5. The second “T” in the word trust stands for **TIMING**: Psalm 31:15
 - God is the God of how and when.
 - It’s not a matter of **IF** He will deliver you—but **WHEN** He will deliver you!
 - God’s ways are not our ways. He wants what is best for us **EVEN** when it’s hard.
 - Even when things seem chaotic, God is still in control.
 - Trust looks like **YOU** patiently waiting on God’s timing.

T = Test R = Rest U = Uproot S = Stand T = Timing

Additional Scripture References: Deuteronomy 29:29, II Corinthians 1:8-10, Psalm 13, Galatians 6:8

Notes: _____

