# Don't Panic - This Is Just A Test! 

Text: Psalm 112 \& I Peter 1

- Panic - To be overcome by SUDDEN fear. II Timothy 1:7, Psalm 112:7-8
- The trial of your faith is when you have to put the Word of God into practice. I Peter 1:6-9
- The testing of your faith produces perseverance and maturity in your life.
- God wants you to trust Him, but Satan wants you to panic.


## Six Things You Can Do To Pass The Test:

1. Know that you are in control of your response: John $14: 1$

- You have the power to choose PEACE in the midst of fear and PANIC.
- It's not a feeling, but a choice we make.

2. Listen to your spirit and not your head: John 14:26, Proverbs 6:22

- Don't allow your emotions to drown out God's voice.
- Allow the Word of God to come up out of you-and talk to you and encourage you.
- Let the Holy Spirit comfort you and lead you.
- Let your spirit be the dominant voice in your life.

3. Avoid excessive reasoning: Matthew 6:31

- You can simplify your life by simplifying your thoughts.
- Let go of all the questions and trust God with the answers. Romans 8:11, Psalm 46:10

4. Pray instead of worrying: Philippians $\mathbf{4 : 6}$

- Worry stirs up FEAR, but prayer stirs up the SUPERNATURAL!
- Prayer takes you into another level of thinking and living.
- Prayer takes you into a peace that only God can give.

5. Choose love: Matthew 5:44

- Love your enemies and pray for those who persecute you.
- Choose love over hate.
- Choose forgiveness over bitterness and anger.
- Choose to bless people instead of speaking evil of them. Romans 12:21
- Trust God to vindicate you!

6. Always be a prisoner of hope: Zechariah 9:12

- Prisoners of hope say: Psalm 42:5, Acts 2:26, Ephesians 6:13
- I'm expecting God to take care of me!
- I'm expecting the goodness of God in my life!
- I CAN TRUST MY GOD!

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